Table 1. Characteristics of the study participants with and without Cardiovascular Disease in Jackson Heart Study, 2000-2004

	Total	Hypertension	Diabetes	Dyslipidemia	Obesity	Smoking	Alcohol Consumption	Physical Inactivity	Poor Diet	Psychosocial Stress	Depressed Mood	Poor Sleep	Cardiovascular Disease	Hypertension	Diabetes	Dyslipidemia	Obesity	Smoking	Alcohol Consumption	Physical Inactivity	Poor Diet	Psychosocial Stress	Depressed Mood	Poor Sleep
Age (yr)	54.0 (12.0)	55.0 (12.0)	55.0 (12.0)	54.0 (12.0)	53.0 (12.0)	52.0 (12.0)	54.0 (12.0)	55.0 (12.0)	54.0 (12.0)	54.0 (12.0)	54.0 (12.0)	54.0 (12.0)	60.0 (12.0)	61.0 (12.0)	60.0 (12.0)	60.0 (12.0)	59.0 (12.0)	59.0 (12.0)	60.0 (12.0)	61.0 (12.0)	60.0 (12.0)	60.0 (12.0)	60.0 (12.0)	60.0 (12.0)
Female, n	4,146	1,766	1,000	1,154	1,179	1,179	1,154	1,179	1,154	1,154	1,154	1,154	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Female, %	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0	65.0
Black, n	4,146	1,766	1,000	1,154	1,179	1,179	1,154	1,179	1,154	1,154	1,154	1,154	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Black, %	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Hypertension, n	1,766	1,766	1,000	1,154	1,179	1,179	1,154	1,179	1,154	1,154	1,154	1,154	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Hypertension, %	42.6	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Diabetes, n	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Diabetes, %	24.1	56.6	100.0	86.7	84.8	84.8	86.7	84.8	86.7	86.7	86.7	86.7	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Dyslipidemia, n	1,154	1,154	1,000	1,154	1,179	1,179	1,154	1,179	1,154	1,154	1,154	1,154	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Dyslipidemia, %	27.8	65.3	86.7	100.0	84.8	84.8	100.0	84.8	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Obesity, n	1,179	1,179	1,000	1,179	1,179	1,179	1,179	1,179	1,179	1,179	1,179	1,179	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Obesity, %	28.4	66.7	84.8	84.8	100.0	84.8	84.8	100.0	84.8	84.8	84.8	84.8	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Smoking, n	1,179	1,179	1,000	1,179	1,179	1,179	1,179	1,179	1,179	1,179	1,179	1,179	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Smoking, %	28.4	66.7	84.8	84.8	84.8	100.0	84.8	84.8	100.0	84.8	84.8	84.8	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Alcohol Consumption, n	1,154	1,154	1,000	1,154	1,179	1,179	1,154	1,179	1,154	1,154	1,154	1,154	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Alcohol Consumption, %	27.8	65.3	86.7	100.0	84.8	84.8	100.0	84.8	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Physical Inactivity, n	1,179	1,179	1,000	1,179	1,179	1,179	1,179	1,179	1,179	1,179	1,179	1,179	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Physical Inactivity, %	28.4	66.7	84.8	84.8	100.0	84.8	84.8	100.0	84.8	84.8	84.8	84.8	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Poor Diet, n	1,154	1,154	1,000	1,154	1,179	1,179	1,154	1,179	1,154	1,154	1,154	1,154	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Poor Diet, %	27.8	65.3	86.7	100.0	84.8	84.8	100.0	84.8	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Psychosocial Stress, n	1,154	1,154	1,000	1,154	1,179	1,179	1,154	1,179	1,154	1,154	1,154	1,154	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Psychosocial Stress, %	27.8	65.3	86.7	100.0	84.8	84.8	100.0	84.8	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Depressed Mood, n	1,154	1,154	1,000	1,154	1,179	1,179	1,154	1,179	1,154	1,154	1,154	1,154	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Depressed Mood, %	27.8	65.3	86.7	100.0	84.8	84.8	100.0	84.8	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Poor Sleep, n	1,154	1,154	1,000	1,154	1,179	1,179	1,154	1,179	1,154	1,154	1,154	1,154	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Poor Sleep, %	27.8	65.3	86.7	100.0	84.8	84.8	100.0	84.8	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Cardiovascular Disease, n	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000
Cardiovascular Disease, %	24.1	56.6	100.0	86.7	84.8	84.8	86.7	84.8	86.7	86.7	86.7	86.7	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0